ADHYAYAN Volume 15, Issue 1, 2025

Print ISSN: 2249-1066

## Empowering Future Generations: Analysing Influencer Marketing Effect on Consumer Behaviour in Uttar Pradesh

Shalini<sup>1\*</sup>, Pramod kumar Upadhyay<sup>2</sup>

<sup>1</sup>Research Scholar, Department Of Commerce, University Of Lucknow <sup>2</sup>Assistant Professor, Affiliated institute: Maharaja Bijli Pasi Govt. PG College

## Abstract

The study explores the role of influencer marketing in shaping consumer behaviour, with a focus on impulse buying across urban and rural areas of Uttar Pradesh. Using a descriptive research approach, data was collected through google form questionnaire to identify key factors influencing consumer decisions, such as trust, relatability, and content engagement. The findings reveal distinct patterns: urban consumers are drawn to aspirational and trend driven influencers, while rural consumers prioritize authenticity, practicality, and local relevance. The research emphasizes the importance of tailoring marketing strategies to address these differences, offering insights into how influencer campaigns can bridge the urban-rural divide. By understanding regional consumer dynamics, the study provides actionable recommendations for marketers to create more effective and inclusive campaigns that empower consumers and promote sustainable purchasing habits.

Keywords: Influencer Marketing, consumer behaviour, impulse buying.

Adhyayan: A Journal of Management Sciences (2025); DOI: 10.21567/adhyayan.v15i1.10

#### INTRODUCTION

n the digital age, influencer marketing is a powerful force shaping consumer behavior, particularly in emerging markets like India. With the rapid penetration of social media, consumers are increasingly exposed to influencer-driven content that promotes products and services. This shift has significantly altered traditional purchasing patterns, leading to a rise in impulse buying behavior, especially among young consumers.

Uttar Pradesh, as one of India's most populous states, presents a unique landscape for studying the impact of influencer marketing on consumer behavior. The state's urban centers, such as Lucknow and Kanpur, are witnessing a surge in digital consumption, whereas rural areas are gradually adapting to online shopping through affordable internet access and smartphone penetration. However, the motivations, trust factors, and purchase triggers differ significantly between urban and rural consumers, creating a need for a comparative analysis to understand how influencer marketing influences their buying decisions.

While urban consumers are more inclined towards aspirational lifestyles and trend-driven influencers, rural

**Corresponding Author:** Shalini, Research Scholar, Department Of Commerce, University Of Lucknow, e-mail: shalinic465@ gmail.com

**How to cite this article:** Shalini, Upadhyay, P.K. (2025). Empowering Future Generations: Analysing Influencer Marketing Effect on Consumer Behaviour in Uttar Pradesh. Adhyayan: A Journal of Management Sciences, 15(1):63-69.

#### Source of support: Nil

#### Conflict of interest: None

consumers prioritize authenticity, practicality, and local relevance when engaging with influencer content. The role of trust, relatability, and discount-driven promotions in shaping impulse buying is a crucial aspect that marketers must consider to effectively target both segments.

This research aims to explore the efficacy of influencer marketing in driving consumer decisions across urban and rural Uttar Pradesh, with a specific focus on impulse buying behavior. By analyzing key factors such as social media platform usage, influencer engagement, purchase triggers, and post-purchase satisfaction, the study provides insights into how brands can tailor their influencer marketing strategies to bridge

<sup>©</sup> The Author(s). 2025 Open Access This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons. org/licenses/by/4.0/), which permits unrestricted use, distribution, and non-commercial reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated.

the urban-rural divide and foster sustainable consumer engagement.

Through a descriptive approach, this study tries to answer the following key questions:

- 1. How do urban and rural consumers in Uttar Pradesh engage with influencer marketing?
- 2. What are the primary triggers for impulse buying among different consumer segments?
- 3. What role do trust and authenticity play in influencer-driven purchases?
- 4. How can brands optimize their influencer marketing campaigns for both urban and rural markets?

### LITERATURE REVIEW

Influencer marketing is a powerful tool in shaping consumer behavior, particularly in digital economies like India. Several studies highlight its role in influencing impulse buying, consumer trust, and regional differences in marketing effectiveness. This section reviews the existing literature on influencer marketing, impulse buying behavior, and urban-rural consumer preferences.

Kotler & Keller (2016) suggest that digital influencers serve as modern opinion leaders who play a crucial role in shaping consumer purchase decisions. Unlike traditional advertisements, influencers engage with their audience through interactive and relatable content, fostering a sense of trust and authenticity. Their ability to build strong personal connections with followers makes them powerful agents of persuasion, significantly impacting consumer behavior across different demographics and market segments.

Vidani et al. (2023), in their study *Unleashing the Power of Influencer Marketing*, emphasize that millennials and Gen Z consumers are highly susceptible to social media endorsements.

These younger generations, being digital natives, rely heavily on influencer recommendations when making purchasing decisions. The study highlights that factors such as perceived credibility, relatability, and social validation contribute to the effectiveness of influencer marketing among these groups, making it a dominant force in modern advertising strategies. Kapitan & Silvera (2016) found that consumers place greater trust in influencers compared to traditional advertising due to the perceived authenticity and personal connection influencers establish with their audiences. Unlike conventional advertisements, which are often viewed as promotional and sales-driven, influencer content is seen as more genuine and experience-based. This trust factor leads to higher engagement rates and greater influence on purchase decisions, particularly when influencers share personal stories, product experiences, or recommendations.

Verhagen & van Dolen (2011) identified key psychological drivers that contribute to impulse buying in online shopping environments. Their study revealed that emotional appeal, urgency, and social proof play a significant role in triggering spontaneous purchases.

Emotional appeal influences consumers by evoking excitement or desire, while urgency, often created through limited-time offers or flash sales, pressures buyers into making quick decisions. Social proof, in the form of reviews, ratings, and influencer endorsements, further strengthens purchase intentions by validating product credibility and desirability.

Kumar & Dixit (2020) highlighted that social media platforms such as Instagram and YouTube serve as powerful catalysts for spontaneous purchases. The visually engaging nature of these platforms, combined with compelling influencer recommendations, encourages impulsive buying behavior. The study underscores how influencers utilize high-quality visuals, storytelling techniques, and persuasive calls to action to captivate audiences and drive sales. Additionally, features like shoppable posts, live shopping events, and direct links further streamline the buying process, making it easier for consumers to make quick purchase decisions.

Zafar et al. (2022) examined the psychological effects of Fear of Missing Out (FOMO) and limited-time offers on consumer behavior. Their findings suggest that FOMO, fueled by exclusive deals, product scarcity, and time-sensitive promotions, pushes consumers toward unplanned buying decisions. The study highlights that consumers, particularly younger demographics, feel a strong urge to purchase immediately to avoid missing out on perceived opportunities. This psychological trigger is widely leveraged by brands and influencers to boost sales through limited-edition drops, countdown deals, and early-access promotions.

Gupta & Tandon (2019) explored the differences in consumer preferences between urban and rural markets, emphasizing that urban consumers are more inclined toward luxury and aspirational content. Urban buyers tend to be influenced by status symbols, brand prestige, and trend-driven products, making them more responsive to premium brand endorsements. In contrast, rural consumers prioritize affordability, practicality, and product utility over brand prestige. The study suggests that while urban markets thrive on exclusivity and high-end branding, rural consumers seek value-for-money products that cater to their daily needs.

Bashir et al. (2021) found that local influencers have a stronger impact in rural areas due to their ability to communicate in regional languages and maintain cultural relevance. Unlike mainstream influencers who cater to a broader audience, local influencers establish a deeper sense of trust with rural consumers by addressing their specific needs, preferences, and concerns. The study highlights that factors such as shared cultural background, vernacular language usage, and familiarity with regional trends make local influencers more effective in driving engagement and influencing purchase decisions in rural markets.

Singh & Chatterjee (2023) reported that rural consumers tend to be more cautious and researchoriented when making purchases, as opposed to urban consumers, who are more impulsive and responsive to trend-driven marketing. Their study found that rural buyers rely on word-of-mouth recommendations, detailed product information, and price comparisons before committing to a purchase. On the other hand, urban consumers, influenced by fast- changing trends and social media hype, are more likely to make unplanned purchases based on influencer promotions and peer recommendations. This distinction underscores the need for brands to tailor their marketing strategies based on consumer behavior in different geographic regions.

#### Statement of the Problem

The rise of influencer marketing has transformed consumer decision-making by leveraging social media personalities to promote products and services. While this marketing strategy has proven highly effective in urban areas, its impact on rural consumers remains less explored. With Uttar Pradesh being a diverse market, significant differences exists in the behaviour, particularly regarding trust in influencers, engagement with content, and impulse buying tendencies.

One of the key challenges in influencer marketing is understanding how different consumer segments react to influencer-driven promotions. Urban consumers are more exposed to social media and often influenced by aspirational and trend-driven content. In contrast, rural consumers prioritize affordability, practicality, and trust-based relationships with influencers. Despite these differences, most influencer marketing campaigns follow a one-size-fits-all approach, failing to address the distinct needs and expectations of urban and rural buyers.

Another pressing issue is the growing concern of impulse buying fueled by influencer endorsements. Many consumers, especially younger audiences, make spontaneous purchases based on social media recommendations, often leading to post-purchase regret. The extent to which this phenomenon affects different consumer groups in Uttar Pradesh is still unclear.

This study aims to bridge these gaps by examining:

- 1. How urban and rural consumers engage with influencer marketing and social media platforms.
- 2. The primary drivers of impulse buying in both consumer segments.
- 3. The level of trust placed in influencers and how it affects purchase decisions.
- 4. The extent of post-purchase satisfaction or regret among consumers influenced by social media promotions.

By identifying these factors, this research will provide insights into effective influencer marketing strategies that cater to both aspirational urban buyers and practical rural consumers, ensuring that marketing efforts are targeted, effective, and sustainable.

#### **Need of the Study**

With the rise of influencer marketing, consumer behavior is increasingly shaped by social media promotions, especially among young audiences. However, most marketing strategies are urban-focused, neglecting the distinct preferences of rural consumers in Uttar Pradesh. This study is essential to:

#### Understand Urban vs. Rural Differences

Urban consumers are trend-driven, while rural consumers seek trust and affordability.

#### Analyze Impulse Buying Behavior

Influencer endorsements often lead to unplanned purchases, but their impact varies across regions.

#### Examine Trust & Credibility

Local influencers play a greater role in rural areas, while urban buyers follow celebrity influencers.

#### Bridge Research Gaps

Existing studies lack regional insights, making this research crucial for tailored marketing strategies.



#### **Objectives of the study**

#### This study aims to analyze the impact of influencer marketing on consumer behavior in urban and rural Uttar Pradesh, focusing on impulse buying tendencies. The key objectives are:

- To compare urban and rural consumer engagement with influencer marketing.
- To identify key factors (trust, discounts, content type) that influence impulse buying.
- To examine the role of influencers in shaping purchase decisions across regions.
- To assess post-purchase satisfaction and impulse buying regret among consumers.
- To provide actionable insights for brands to optimize influencer marketing strategies for diverse consumer groups.

## **RESEARCH METHODOLOGY**

This study uses a descriptive research approach to know the impact of influencer marketing on consumer behaviour and impulse buying in urban and rural areas of Uttar Pradesh. The methodology includes:

#### **Research Design**

#### Descriptive Research

Used to understand consumer perceptions, buying triggers, and engagement with the influencers.

#### **Data Collection**

#### Primary Data

Collected through structured questionnaire of consumers from both urban and rural regions.

#### Secondary Data

Gathered from journals, articles, reports, and industry studies on influencer marketing and consumer behavior.

#### Sampling Technique & Sample Size

#### Sampling Method

Convenience and purposive sampling were used for representation of both urban and rural consumers.

#### Target Group

Consumers aged 18-34 years, as they are the most frequent users of social media and influencer content.

#### Sample Size

A diverse group of respondents from various income levels, occupations, and geographic locations across Uttar Pradesh.

#### **Data Analysis Techniques**

#### **Descriptive Statistics**

Used to analyze demographic trends, social media usage, and buying behavior.

#### Sentiment Analysis

To assess trust, post-purchase satisfaction, and impulse buying regret.

#### **Data Analysis and Interpretations**

#### Descriptive Analysis of Survey Data for Research Paper

The study, "Empowering Future Generations: Analysing Influencer Marketing's Effect on Consumer Behaviour in Uttar Pradesh," explores how influencer marketing influences impulse buying in urban and rural consumers. The survey data you provided offers in-depth insights into various factors shaping consumer behavior, including social media usage, influencer engagement, purchase triggers, and regional differences. Below is a detailed descriptive analysis of dataset.

#### **Demographic Profile of Respondents**

#### Age Group Distribution

- A majority of respondents (18-24 years old) reflect a young, digitally engaged audience.
- A smaller portion (25-34 years old) represents slightly older consumers, potentially with higher purchasing power.

#### Gender Distribution

• The dataset includes both male and female respondents, though females appear to dominate, particularly in the younger age group (18-24).

#### Income Levels

- Low-income consumers (< ₹10,000 monthly) form a significant portion, suggesting price sensitivity.
- Middle-income groups (₹10,000-₹50,000 monthly) show more varied purchasing behavior.
- Higher-income respondents (above ₹50,000) are fewer but represent a potential premium consumer base.

#### Urban vs. Rural Split

• The dataset consists of a balanced mix of urban and rural consumers, making it well-suited for comparative analysis.

• Urban respondents tend to have higher income levels and more frequent exposure to influencers compared to their rural counterparts.

#### Social Media Usage and Platform Preferences

#### Most Popular Social Media Platforms

- Frequency of Social Media Usage among Urban and Rural Consumers showen figure 1.
- Instagram and YouTube are the most widely used platforms across both urban and rural areas.
- Snapchat and Twitter have moderate engagement, mostly among urban respondents.
- Facebook has relatively low usage, reflecting a shift toward video-based and influencer-driven platforms.

#### Frequency of Social Media Usage

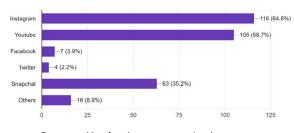
- Urban Consumers
  - More likely to use social media daily or multiple times a week.
  - Engage frequently with influencer content and marketing promotions.
- Rural Consumers
  - Show mixed usage patterns, from daily users to infrequent or "rare" users.
  - Some only engage when influenced by discounts, offers, or regional influencers.

#### Influencer Engagement and Content Preferences

#### Most Followed Influencer Niches

As depicted in Figure 2 (Author's own creation), urban respondents predominantly follow trend-driven influencers, while rural respondents prefer local influencers.

Which social media platforms do you use regularly? 179 responses





- Urban Consumers
  - Primarily follow influencers in Fashion & Lifestyle, Technology, Food & Cooking, and Travel & Adventure.
  - Have a strong preference for trend-driven, luxury content.
- Rural Consumers
  - More engaged with Fashion & Lifestyle, Food & Cooking, Health & Fitness, and Local Influencers.
  - Prefer practical, affordable, and relatable recommendations.

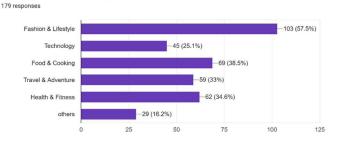
#### Trust in Influencers

- Urban consumers trust national/international influencers more, as they associate them with premium brands and trends.
- Rural consumers prefer local influencers, who they find more relatable and credible.

#### Frequency of Engagement with Influencers

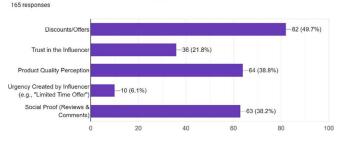
- Urban respondents engage with influencers daily or multiple times a week.
- Rural respondents show lower but consistent engagement, especially during promotions or festival seasons.

What type of influencers do you follow?



#### **Source:** (Author's own creation) **Figure 2:** Influencer Categories Preferred by Urban and Rural Respondents

What factors influence your impulse buying decision?



Source: (Author's own creation)





# Impulse Buying Behavior and Purchase Triggers

# Most Common Triggers for Purchases Influenced by Social Media

Figure 3 (Author's own creation) highlights the dominant role of discounts and offers as purchase triggers, especially in rural markets.

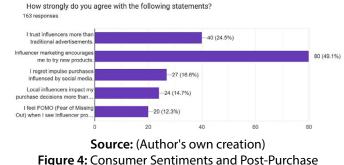
- Discounts & Offers (Primary Driver)
  - Strongest motivator for both urban and rural consumers.
  - Rural consumers are especially sensitive to discounts and affordability.
- Product Quality Perception
  - More influential in urban areas, where consumers research before purchasing.
- Trust in the Influencer
  - Local influencers have a stronger impact in rural areas.
  - Celebrity and national influencers drive aspirational buying in urban areas.

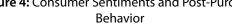
#### **Frequency of Impulse Purchases**

- Urban consumers tend to make impulse purchases more frequently, often driven by social media ads, influencer endorsements, and FOMO (Fear of Missing Out).
- Rural consumers make impulse purchases less frequently and are more cautious unless strong offers are involved.

#### **Commonly Purchased Categories**

 Clothing & Accessories (Most common category for impulse buying across all segments).





- Beauty & Skincare (Higher engagement among female consumers, especially in urban areas).
- Food & Beverages (Preferred by both urban and rural users but often driven by offers and promotions).

# Consumer Sentiments and Post-Purchase Behavior

Consumer Sentiments and Post-Purchase Behavior shown Figure 4.

#### Purchase Satisfaction Levels

- Urban consumers exhibit mixed satisfaction. Some regret impulse purchases, particularly if they perceive them as unnecessary.
- Rural consumers show higher satisfaction when purchases align with practical and affordable needs.

#### Impulse Purchase Regret

- Many respondents report regretting impulse purchases, especially when influenced by:
  - Flash sales or urgency marketing tactics.
  - Overhyped influencer promotions that fail to meet expectations.

Aspect	Urban Consumers	Rural Consumers
Influencer Type	Trend-driven, national & global influencers	Local & relatable influencers
Trust Factor	Brand reputation & influencer credibility	Personal connection & regional relevance
Buying Motivation	Social status, trend adoption	Practicality, affordability
Platform Usage	Frequent, multiple times a day	Moderate, often tied to specific needs
Impulse Buying	High, driven by FOMO & influencer endorsements	Moderate, driven by discounts & offers
Satisfaction Level	Mixed, regrets on unnecessary purchases	Generally higher when purchases are practical

Table 1: Urban vs. Rural Consumer Mindset: A Comparative View

#### Fear of Missing Out (FOMO) Effect

- FOMO is more prominent in urban consumers, pushing them towards impulse purchases.
- Rural consumers are less affected by FOMO but may experience it during festival or seasonal sales.
- Table 1 (Author's own creation) provides a comparative overview of urban versus rural consumer mindsets, summarizing key differences in influencer preferences, trust levels, and impulse buying behavior.

#### Key Implications for Influencer Marketing Strategies

#### Tailoring Marketing Strategies

- For Urban Consumers:
  - Utilize premium influencer collaborations to drive aspirational purchases.
  - Implement FOMO-driven campaigns with limited-time offers.
- For Rural Consumers
  - Focus on authentic storytelling and trustbuilding content.
  - Partner with local influencers to enhance credibility.

#### Addressing Impulse Buying Regret

- Brands should emphasize educational content, product reviews, and transparent marketing to reduce post-purchase regret.
- Campaigns can integrate value-driven messaging rather than just urgency-based tactics.

## **CONCLUSION & SUMMARY OF KEY FINDINGS**

Research findings align well with existing literature on influencer marketing but provide a region-specific perspective (Uttar Pradesh).

#### Summary of Key Takeaways

• Urban consumers are aspirational buyers influenced by trends and exclusivity.

- Rural consumers are practicality-driven buyers, preferring local and relatable influencers.
- Discounts and affordability remain the strongest impulse buying drivers in both segments.
- Impulse buying regret is common, requiring brands to enhance product credibility and transparency.
- Marketers should adopt a dual strategy: premium campaigns for urban markets and trust-based, value-driven campaigns for rural areas.

#### REFERENCES

- Bashir, R., Malik, M., & Ahmed, S. (2021). *The role of regional influencers in shaping rural consumer behavior: A case study of India*. Journal of Consumer Marketing, **38**(4), 289-305.
- Gupta, S., & Tandon, A. (2019). Urban vs. rural consumer behavior: A comparative analysis of digital marketing impact. Indian Journal of Marketing, 48(3), 56-72.
- Kapitan, S., & Silvera, D. H. (2016). The impact of digital influencers on consumer decision-making: A psychological perspective. Journal of Business Research, 69(11), 3838-3846.
- Kotler, P., & Keller, K. L. (2016). *Marketing management* (15th ed.). Pearson.
- Kumar, A., & Dixit, S. (2020). Social media marketing and impulse buying behavior: A study on Indian millennials. International Journal of Digital Commerce, 12(2), 99-117.
- Singh, P., & Chatterjee, R. (2023). *Examining the role of digital influencers in shaping rural and urban consumer choices*. **Asia-Pacific Journal of Marketing**, **29**(1), 1-18.
- Verhagen, T., & van Dolen, W. (2011). The influence of online reviews and social proof on impulse buying behavior. Electronic Commerce Research and Applications, 10(5), 542- 550.
- Vidani, J., Meghrajani, I., & Das, S. (2023). Unleashing the power of influencer marketing: A study on millennial consumer behavior and its key antecedents. Journal of Education: Rabindra Bharati University, 25(6), 78-95.
- Zafar, F., Qureshi, I., & Malik, K. (2022). FOMO and social media advertising: How limited- time offers drive impulse purchases. Journal of Consumer Psychology, 31(3), 215-230.

